

Welcome to our Lunch Cafe @

Fairfield Elementary Schools

April 2018

Monday

Tuesday

Wednesday

Thursday

Friday

2 Mozzarella Sticks
Spaghetti Sauce
Steamed Broccoli
Steamed Carrots
Applesauce
Strawberry Cup

3 Pasta with Sauce
And Homemade Meatballs
And Shredded Mozzarella Cheese
Garbanzo Beans
Red Pepper Strips
Pineapple
100% Juice Fruit Punch

4 Fluffy Pancakes
With Syrup
Crispy Sausage Links
Crispy Tator Tots
Glazed Carrots
Fresh Apple
Fresh Banana
**BRUNCH!
LUNCH!**

5 Chicken Nuggets
crispy breaded chicken nuggets perfect for dipping in your favorite sauce
Steamed Broccoli
Cucumber Coins
100% Orange Juice Blend
Fresh Melon Cup

6 Cheese Pizza
Or Pepperoni Pizza
Spinach Salad
Celery Sticks
Fresh Apple
Fresh Banana

Weekly Alternate: Cheese Quesadilla on a Whole Grain Wrap



10

11

12



April Break No School!

16 Stuffed Bread Sticks
Spaghetti Sauce
Green Beans
Broccoli Bites
Applesauce
Fresh Orange

17 Crispy Popcorn Chicken
Sweet Potato Fries
Black Beans
Blueberries
Apple Cherry 100% Juice

18 Yogurt Parfait
And Whole Grain Honey
Graham Crackers
Steamed Broccoli
Glazed Carrots
Applesauce
Strawberry Cup
Organic Yogurt!

19 Tangerine Chicken
Brown Rice Pilaf
Sweet Corn
Lemon Marinated Carrots
Fresh Apple
100% Juice Fruit Punch

20 Cheese Pizza
Or Crispy Bacon Pizza
Squash Medley
Celery Sticks
Fresh Banana
Fresh Orange

Weekly Alternate: Chicken Patty on a Whole Grain Roll

23 Mozzarella Sticks
With Spaghetti Sauce
Steamed Broccoli
Red Pepper Strips
Fresh Banana
Fresh Peaches

24 Baked Chicken Tenders
With Pretzel
Sweet Potato Fries
Red Pepper Strips
100% Orange Juice Blend
Cinnamon Applesauce

25 Pasta & Meat Sauce
With Shredded Parmesan
Cheese
Cucumber Coins
Grape Tomatoes
Fresh Banana
Fresh Orange

26 Chicken Bowl with
Cheese
And Fluffy Mashed
Potatoes
Garbanzo Beans
Celery
100% Juice Fruit Punch
Fresh Apple

27 Cheese Pizza
Or Pepperoni Pizza
Steamed Spinach
Garden Salad
Applesauce
Fresh Banana

Weekly Alternate: Boar's Head Turkey & Cheese Sandwich on Whole Grain Bread

30 Pizza Bites
Spaghetti Sauce
Sweet Corn
Celery
Fresh Apple
Sliced Oranges

We proudly support clean, organic, local and sustainable agriculture.

WHITSON'S School Nutrition

HARVEST of the MONTH

VEGETARIAN MADE WITH ORGANIC INGREDIENTS
MADE WITH ALL NATURAL INGREDIENTS PORK VEGAN
Weekly Alternate: Chicken Patty on a Whole Grain Roll



SIMPLY ROOTED™ in food and family

We offer yogurt that is 100% all-natural or organic. Also, our hummus is organic and tahini-free. This is because we are Simply Rooted™ in food and family and we care about



our young customers. Our ingredients are locally sourced all natural, and organic or non-GMO, whenever possible.



Lunch Prices

Lunch	\$2.85
Reduced:	\$0.40
Second Lunch	\$5.00

Lunch Includes: Skim Milk, Low Fat Milk, Free Chocolate Milk or Lactose Free Milk, Fresh Seasonal Fruit & Fresh Vegetable Selection

Organic Milk \$1.50
A La Carte Milk: \$0.55

Daily Alternate Lunch Available:

Tossed Garden Salad: Romaine Lettuce, Tomato Wedge, Cucumber, Carrot, Low Fat Cheese, and 2 Whole Wheat Dinner Rolls. Served with Low Fat Dressing

Bagel Lunch: Whole Wheat Bagel with Cream Cheese, Low-Fat String Cheese & Organic Low-Fat Yogurt

Available Daily for Teachers: Tossed Garden Salad Bowl or Chicken Caesar Salad Bowl, Boar's Head Ham or Turkey Whole Wheat Wrap, all served with choice of Milk, Fruit and Vegetable selection

If you have any questions or would like additional information, please contact the food service office at 203-255-8370

All checks must be made payable to: Fairfield Public Schools Lunch

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice posted when available. This institution is an equal opportunity provider.